

## Sector Development Team

Supporting your work to promote the health of people with HIV

# Training courses

September 2007 – March 2008



Welcome to a new series of training courses designed to increase knowledge and understanding of staff working in the HIV sector

## Information and booking form

As part of Terrence Higgins Trust's role in building the skills of workers working with people with HIV we are pleased to announce the dates for a series of training courses.

The courses will provide information and a discussion based environment so that workers can update their knowledge and skills in the area of health promotion for people with HIV. The courses will be delivered in a supportive, learning centred environment, encouraging participants to take responsibility for their own

learning and development.

Participants will be encouraged to share their own experiences, learn from each other and discuss issues with the trainer.

If you have any specific questions about the content of the training courses please contact Jo Robinson on 020 7812 1796.

### Prices

The courses are free to paid and unpaid staff working at Terrence Higgins Trust and staff from external

agencies. In the event of non-attendance at a training session without at least 24 hours prior notice of cancellation, a £50 administration charge will be incurred.

### Notification from us

We will notify you by email of your place on a training course. If there are no places left, we will offer you alternative dates where available and/or place you on a waiting list.

### Booking Form

If you are interested in booking a place on any of the training course dates, please photocopy or print out the booking form and return by post or fax to:

James Glavin  
Terrence Higgins Trust  
314-320 Grays Inn Road  
London  
WC1X 8DP  
Tel: 020 7812 1791  
Fax: 020 7812 1799

## COURSE ONE

### Basic HIV awareness

This course provides a thorough background in all aspects of HIV awareness, providing participants with an overview of the challenges of the HIV epidemic in the UK, and globally.

#### Who is it for?

The course is designed for people that are new to working in the HIV sector, or people interested in acquiring an up-to-date background knowledge of the key issues in the HIV field today.

#### Course content

- Overview of HIV epidemic within the UK and globally
- Explanation of HIV virus, how it affects the immune system and current treatment options
- Introduction to sexual health issues and HIV prevention
- Introduction to key concepts of health promotion such as: self management of HIV, and harm reduction approaches to HIV prevention.

## COURSE TWO

### Current health needs of people with HIV

This course provides a comprehensive overview of the current health needs of people with HIV in the UK.

#### Who is it for?

The course is designed for those working in health promotion for people with HIV. It will also be useful for those new to work in the HIV sector, and those seeking to update their knowledge of key issues.

#### Course content

- Best practice relating to working with people with HIV in a health promotion context
- Current treatment strategies and approaches
- Sex and relationship issues and working on HIV prevention with people with HIV
- Psycho-social issues such as mental health and wellbeing, drugs and alcohol, nutrition and the role of complementary therapies in living well with HIV.

## COURSE THREE

### Sex, relationships and HIV prevention issues for people with HIV

This course will explore issues related to sex and relationships and HIV prevention for people with HIV.

#### Who is it for?

It will be useful for people that work in sexual health and HIV prevention, and those working with people with HIV in health promotion contexts.

#### Course content

- The importance of working with people with HIV around sex and relationship issues and how that might be different to working with other groups of people affected by HIV
- Cultural issues in relation to working with African people and gay men with HIV.
- Exploring our own myths and prejudices then working on HIV prevention with people with HIV
- Providing factual and fair information to people with HIV around a variety of issues including:

safer sex, unprotected sex, re-infection, sexually transmitted infections, viral load and infectiousness and harm reduction techniques.

## COURSE FOUR

### New HIV treatment strategies

This course will explore issues related to HIV treatment, including current strategies, new approaches and drugs in the pipeline.

Who is it for?

The course will be useful for people working in the area of health promotion for people with HIV and will be particularly useful for people wanting to develop more confidence in the area of HIV treatment.

Course content

- Guidelines around starting and changing HIV treatment
- Drug resistance, resistance testing and therapeutic drug monitoring
- Adherence issues, including best practice in supporting people with HIV
- Managing side effects
- Licensed drugs and new HIV drugs in the pipeline.

## COURSE FIVE

### Women and HIV

With an ever-growing number of women living with HIV in the UK, there is an ever-present need to focus on HIV and gender.

Who is it for?

This course will be useful to those that are new to working with women with HIV but will also provide a valuable opportunity for those already working with women to review their practice and update their knowledge.

Course content

- The impact of HIV on women
- Gender differences and analysis in relation to HIV treatment
- Mental health needs of women with HIV
- Sex, relationships and HIV prevention approaches to working with women with HIV
- Conception and pregnancy issues.

## COURSE SIX

### HIV and Hepatitis C

There are a growing number of people with HIV who are also co-infected with Hepatitis C. Over the past five years there has been a marked increase in the numbers of diagnoses of gay men with HIV who have sexually acquired Hepatitis C.

Who is it for?

This course will be useful for those that work in sexual health promotion and HIV prevention, and those working with people with HIV in health promotion contexts. The course will be suitable for those that are new to working with people with Hepatitis C.

Course content

- Basic medical information about Hepatitis C
- Overview of communities affected by Hepatitis C in the UK and globally
- Hepatitis C and current treatment approaches
- Routes of transmission and an

analysis of existing information around sexual transmission of Hepatitis C

- HIV and Hepatitis C and complexities of managing co-infection.

# Booking form

Training courses, September 2007 – March 2008

To confirm a place on the course please complete the form and return by post or fax to:

**James Glavin**

**Terrence Higgins Trust**

**314 – 320 Gray's Inn Road**

**London WC1X 8DP**

**Fax 0207 812 1799**

I understand that in the event of non-attendance at any training session, without at least 24 hours prior notice of cancellation, a **£50** administration charge will be incurred.

Name

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Job title

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Department

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Organisation

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Postal address

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Telephone

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Postcode

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Facsimile

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Email address

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Do you have any access needs (please specify)?

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# Booking form

Training courses, September 2007 – March 2008

Registration will begin at 9:45am, and all training courses will run from 10am to 4:30pm.

All courses to be held at  
**Terrence Higgins Trust**  
**314 – 320 Gray's Inn Road**  
**London WC1X 8DP**

Please note that you will be expected to make your own arrangements for lunch and refreshments.

Please tick the box opposite for the training course(s) you wish to attend.

Basic HIV awareness	<input type="checkbox"/> Tuesday 4 September 2007 <input type="checkbox"/> Wednesday 7 November 2007	<input type="checkbox"/> Thursday 14 February 2008
Current health needs of people with HIV	<input type="checkbox"/> Wednesday 12 September 2007 <input type="checkbox"/> Tuesday 13 November 2007	<input type="checkbox"/> Tuesday 19 February 2008
Sex, relationships and prevention issues for people with HIV	<input type="checkbox"/> Thursday 25 October 2007 <input type="checkbox"/> Tuesday 27 November 2007	<input type="checkbox"/> Thursday 13 March 2008
New HIV treatment strategies	<input type="checkbox"/> Tuesday 16 October 2007 <input type="checkbox"/> Thursday 22 November 2007	<input type="checkbox"/> Wednesday 5 March 2008
Women and HIV	<input type="checkbox"/> Thursday 20 September 2007 <input type="checkbox"/> Monday 19 November 2007	<input type="checkbox"/> Wednesday 27 February 2008
HIV and Hepatitis C	<input type="checkbox"/> Wednesday 31 October 2007 <input type="checkbox"/> Tuesday 4 December 2007	<input type="checkbox"/> Thursday 20 March 2008



## The HIV and sexual health charity for life

**Terrence Higgins Trust** 314-320 Gray's Inn Road, London WC1X 8DP **Tel:** 020 7812 1600 **Fax:** 020 7812 1601

**Email:** [info@tht.org.uk](mailto:info@tht.org.uk) **Website:** [www.tht.org.uk](http://www.tht.org.uk) **THT Direct:** 0845 12 21 200

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