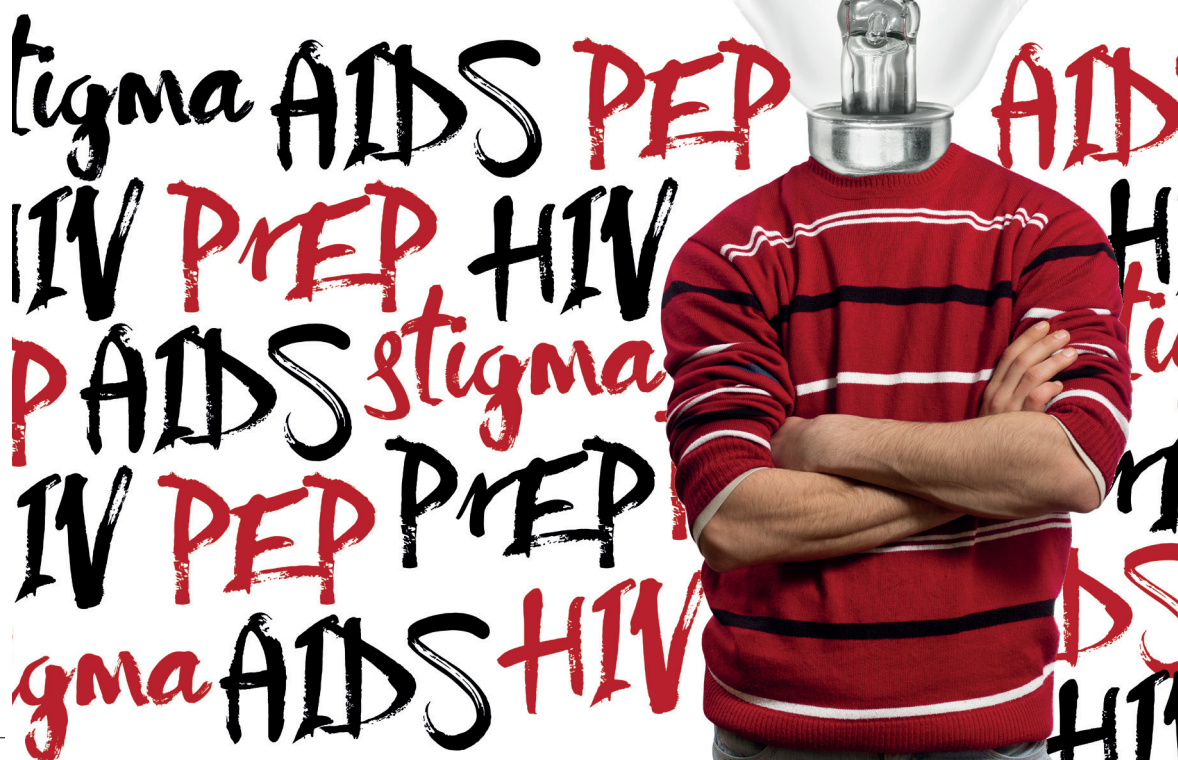




LEARNING CENTRE



About the learning centre

Launched in 2016, Terrence Higgins Trust Learning Centre was created to provide high-quality, up-to-date training. Aimed at those who want to improve their awareness and understanding around HIV and sexual health, it offers:

- qualifications
- a deeper understanding of the history of HIV
- knowledge of recent advances in treatment.

Based at Breckenridge House on Sauchiehall Street in the heart of Glasgow, Terrence Higgins Trust Learning Centre offers opportunities for professionals to gain new skills in a relaxed, fully accessible state-of-the-art training facility.

We are the first centre to offer Professional Development Awards (PDAs) in Sexual Health Training and in HIV and AIDS, with both courses accredited by the Scottish Qualifications Authority (SQA). Terrence Higgins Trust Learning Centre also offers a unique one-day course on Women and HIV, accredited by the Royal College of Midwives. Other courses include a one-day HIV Awareness programme certified by Continuing Professional Development (CPD).

Our courses, which run throughout the year, are competitively priced; we can design and deliver bespoke training to meet your organisation's exact requirements and, for group bookings, can arrange to deliver training in your own premises. To find out more, call Terrence Higgins Trust Learning Centre on 0141 332 3838 or email learningscotland@ttht.org.uk



Our courses

HIV Awareness Training (CPD certified)

This one-day course is designed to help participants:

- support people living with, or at risk of, HIV
- manage risks
- prevent HIV transmission
- increase their confidence in speaking to others about the virus
- learn about issues such as stigma and discrimination.

Learners will leave equipped with up-to-date information about recent developments around treatment and prevention.

'Very knowledgeable trainer. Excellent resources.'

'Really informative and enjoyable. I learnt a lot. Thank you!'

'Interesting, well-paced information from an instructor who knew exactly how to communicate with the group.'

Women and HIV (Accredited by the Royal College of Midwives)

This half-day course will help participants respond to the particular needs of women living with HIV and those who are most at risk of infection. The sociological and immunological factors involved with HIV and breastfeeding will also be examined.

'Excellent training. Very worthwhile.'

'One of the best training courses I've been on for a long while.'

'Very well presented, interesting and up to date.'

Understanding HIV and AIDS (SQA accredited)

This PDA award in HIV is ideal for anyone who works in healthcare, social care, sexual health, criminal justice or the HIV sector. The course is also relevant to early years childcare workers and anyone who supports at-risk populations or high-prevalence communities.

Learners will be introduced to the hierarchy of risks associated with the virus and investigate its treatment and management. They will come to understand:

- how it affects the individual living with HIV in terms of their physical, emotional and mental wellbeing
- the effects of the myths, stigma and discrimination associated with HIV infection.

This Scottish Credit and Qualifications Framework (SCQF) Level 7 course is made up of two units, with assignments to be completed after each training day:

- **Unit One:** HIV - An Introduction.
- **Unit Two:** HIV - Treatment and Lifestyle Management

'Everything was explained thoroughly with plenty of resources to support learning.'

'Both days were very informative and interesting.'

'A great mix of presented information and practical work.'

Professional Development Awards

PDAs extend or broaden professional or vocational skills.

They are principally designed for those already in a career or vocation who wish to enhance their skills base and are linked to National Occupational Standards.

To find out more visit
www.sqa.org.uk

Delivering Sexual Health Training (SQA accredited)

This qualification is aimed at professionals who need to deliver sexual health training to a variety of audiences. For example those working in the sexual health sector with:

- young people
- people with a history of problematic drug and alcohol use
- people with mental health issues
- people with learning disabilities.

It is also suitable for people already training in these fields who wish to update or improve their knowledge and expertise and/or obtain a qualification.

Course participants learn how to develop and deliver effective sexual health training, respond to diverse learning needs, address challenges such as prejudice in the training room and communicate more confidently about sexual health matters.

'I feel confident that I now have the tools and strategies to deliver sexual health training.'

'I felt fully encouraged and supported by the facilitator.'

'The groupwork was fun and interactive.'

This SCQF Level 7 course is made up of two units, with assignments to be completed after each training day:

Unit One: Sexual Health Training - An Introduction

Unit Two: Sexual Health Training - Experiential Learning

Rooms for hire

Looking for a welcoming Glasgow city centre space for meetings, workshops or training? Terrence Higgins Trust Learning Centre's impressive premises can be hired for a surprisingly low cost. Call us on **0141 332 3838** to check availability and obtain a quote. .

About Terrence Higgins Trust Scotland

Terrence Higgins Trust Scotland is part of the longest established HIV and sexual health charity in the UK, offering a variety of essential services for people living with HIV and those at risk of HIV and other sexually transmitted infections.

The charity's UK-wide services include THT Direct, a free telephone helpline for anyone with sexual health worries (**0808 802 122**), and the website **myHIV.org.uk** which provides online support for people living with HIV.



'NHS Lanarkshire and the Lanarkshire BBV Network have a long and productive relationship with Terrence Higgins Trust Scotland that has spanned over two decades. The recent introduction of the Learning Centre has again demonstrated the high quality and expertise we have come to expect from Terrence Higgins Trust Scotland.

In 2017 we commissioned the Understanding HIV and AIDS SQA, Women and HIV course and a series of short HIV educational sessions for frontline staff in Lanarkshire. All courses provided the most up-to-date information and research on HIV and demonstrated the science of the subject matter in a clear and simple way, wrapped in an absolute understanding of HIV stigma and discrimination.

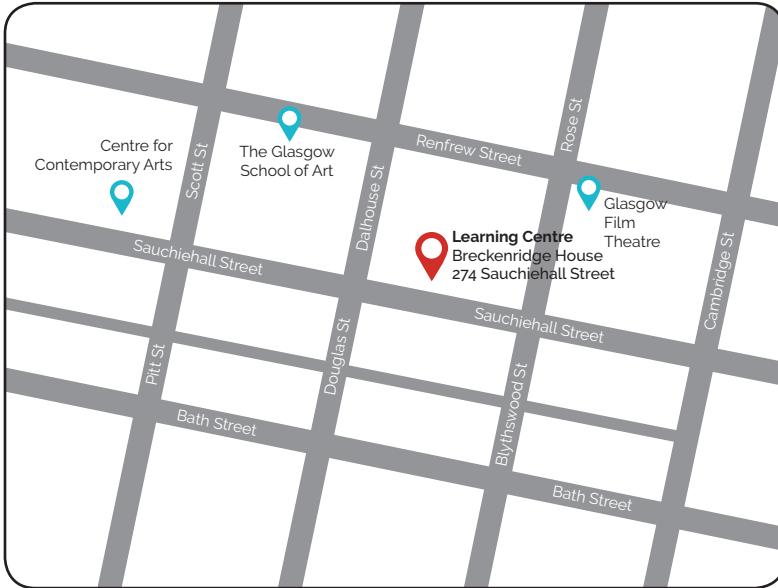
All courses have evaluated very positively with staff, who appreciated the high quality content and delivery along with the advantage of being accredited. Accredited training is a key strength in supporting staff attendance and commitment. It also provides another layer of assurance as to the quality of the courses delivered. I believe the Learning Centre has been a tremendous development and a great asset to workforce development in Lanarkshire.'

Trish Tougher, BBV Network Manager and BBV Workforce Development Lead, NHS Lanarkshire

Terrence Higgins Trust's mission is to:

- end the transmission of HIV in the UK
- empower and support people living with HIV to lead healthy lives
- amplify the voices of those affected by HIV across public and political arenas to eradicate stigma and discrimination
- enable people to enjoy good sexual health.

Our city centre offices are a five minute walk from Cowcaddens Subway and ten minutes from Glasgow Central Station.



Terrence Higgins Trust Learning Centre
Breckenridge House
274 Sauchiehall Street
Glasgow G2 3EH

Tel: **0141 332 3838**
Email: learningscotland@tht.org.uk
Website: www.tht.org.uk/scotland
THT Direct: **0808 802 1221**



The HIV and sexual health charity for life

Terrence Higgins Trust is a registered charity in England and Wales (reg no. 288527) and in Scotland (SC039986).
Company reg. no. 1778149.