



Everything's changed.
Nothing's changed.

Join us on an ambitious journey into the future. A journey that will require determination in the face of apathy. A journey to challenge stigma wherever it is found. A journey that will put our tenacity to the test.

Join us by leaving a legacy to Terrence Higgins Trust in your will and together we can stop HIV in its tracks.

Thank you



**...your
legacy will
genuinely
have a
positive
impact on
the lives
of people
with or at
risk of HIV**

You've been helping us fight HIV for over 30 years

When Terrence Higgins Trust first opened in 1982, HIV was a death sentence. There was a pervading sense of fear, ignorance and hatred with gay men becoming the particular focus for brutal physical and verbal attacks.

Those initial years – when HIV was first isolated, described and diagnosed – fueled action. Thanks to a global effort in research, combination antiretroviral therapy became the standard treatment for HIV from 1996. Now, those diagnosed with HIV can live long and healthy lives. And there's more. Treatment can push levels of HIV so low that tests show it's at 'undetectable' levels. This means they can be confident they won't pass the virus on to others.

Recently, you helped us campaign for Pre-exposure prophylaxis (PrEP), a course of HIV drugs taken before sex to reduce the risk of getting HIV. We protested against cuts to essential services for people living with HIV and made progress in our campaigns for human papilloma virus (HPV) vaccination for boys, and for a review of blood donation rules.

With a gift in your will, we can continue the fight for improved sexual health for all.



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Now help us face the new and unique challenges ahead

Unfortunately ignorance, stigma and discrimination are still destroying lives. In the 2015 UK Stigma Survey, a shocking 50% of people living with HIV did not feel able to tell anyone of their HIV status.

An HIV diagnosis can be a deeply traumatic experience for many people, despite the advances in treatment. This is largely because stigma has a huge impact on people with HIV, and that's just not right. Despite some shifts in public attitudes, living with HIV still affects anything from employment prospects and financial stability to relationships and physical health. Around a quarter of people living with HIV are unemployed.

Many people have revealed to us that they feel shame, guilt, low self-esteem and self-blame just because they are living with HIV. Some people avoid GP care because they are concerned they will be treated differently. Sadly, nearly one in four had experienced suicidal thoughts in the last year.

Education is the key to tackling both HIV and stigma. Will you make it your legacy to help people living with HIV find their voice, and to address outdated views and prejudices? With a gift in your will, you can.



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That's why
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“Nowadays people think HIV is going away. It isn't.”

'My brother died of AIDS in 1990, and I've been supporting Terrence Higgins Trust ever since. I have a highly emotional connection to the cause, but my support has often been very practical: I've answered the THT Direct Helpline and been a 'Buddy' painting rooms and shopping for people with HIV.

I'm proud of the impact Terrence Higgins Trust has had on treatments, rights and support for people with HIV. But I know there's still so much to do. I want to see more awareness of HIV in general, because many people don't think it's a problem any more. Statistics show a different story, and we know that the levels of diagnosis are too high.

I also want to support Terrence Higgins Trust to continue making an impact on education, welfare and counselling. But ultimately I'd like to see an end to HIV.

That's why I'm leaving a gift in my will to Terrence Higgins Trust, so their vital work can continue. But I'm also determined to keep the memory of my brother alive so, just like Terry Higgins, his death won't have been in vain.'

Gill long-term supporter, volunteer and legacy pledger

When I lost my best friend to an HIV-related illness, I got in touch with Terrence Higgins Trust. They were so helpful, understanding and compassionate at a very difficult time. Leaving a gift in my will is like a way of honouring my friend and doing my bit to make things better for people with HIV in the future.

James supporter
and legacy pledger



We will need
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like you to
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What your legacy gift can help us achieve

Legacies are a vital source of income and each year they help fund core services such as myHIV and THT Direct. But in the future, as we face increasing cuts in our statutory funding, legacy giving will become more and more important to our service provision. We will need supporters like you to stand with us so we really can stop HIV in its tracks.

Right now our helpline, THT Direct, is taking calls from people who often have nowhere else to turn. We could be talking to someone who has just heard the life-changing news that they have HIV, or helping to calm the fears of someone who is concerned about their sexual health. It's a vital service and costs us £456 to run each day. A gift in your will could ensure that we are able to keep answering these calls.

We also hold regular HIV support groups that provide much needed help to people who are frightened and vulnerable. Those attending share their stories, feelings and fears with one another and a trained facilitator. Not only do they discover valuable information from the group, but a new strength of mind. One of these six-week groups costs £1,008 and could be funded by a gift in your will.

We know that good sexual health education can help young people to make informed decisions around using condoms and testing for HIV. However 1 in 7 of us never had any sex education at school, and 75% of those who did rated it poor or terrible*. A gift in your will can help us campaign for a change in Sex and Relationships Education (SRE) in schools and help us continue to fight for improved sexual health in the UK long into the future.

**Whatever your gift, it is a truly special act and one we will be extremely grateful for.
Thank you for facing the future with us.**

*Terrence Higgins Trust LGBT - inclusive SRE Report: End The Silence 2016

How you can leave Terrence Higgins Trust a gift in your will

We know that family and friends always come first. After you've ensured provision for your nearest and dearest in your will, you may be happy to consider leaving a legacy to Terrence Higgins Trust. If that's the case, there are many ways you can do so and you can make your legacy as unique as you would like.

We'd always advise you to consult with a qualified solicitor when drawing up your will, or when making amendments, as they can guide you through the legal language and ensure your wishes are clear.

Typically, the types of legacy gift you might consider are:



Residuary gift

With this gift you leave a percentage share of your estate, once your family, friends and debts have been taken care of. Many people prefer residuary gifts, as leaving a percentage of the remainder of your estate is a simple way to give a gift of real value.



Pecuniary gift

This is simply a sum of money, large or small, that you wish to leave. A pecuniary gift will depreciate over time, so if you are including such gifts in your will, it may be worth reviewing their value every so often to make sure they still reflect your wishes.



Specific gift

A specific legacy is the gift of a particular item, and could be furniture, antiques or jewellery.



Contingent gifts

Legacies made on the basis of another event happening first are called contingent gifts. For example, your will could state that a gift only applies if all other beneficiaries die before you do.

Making a will doesn't have to be expensive.

For the peace of mind of knowing your wishes will be followed after your death, a will can cost as little as £85. Consulting with a qualified solicitor means your will is drawn up properly and considerately, and may even help you to minimise potential taxes, like Inheritance Tax, payable on your estate.



Life interest or reversionary legacy

This is a gift that someone can benefit from in their lifetime. For instance, your house could be left for the use of a relative. When they die, it could pass to someone else, or to a charity.

Keeping up to date

Circumstances change – from buying a house to getting married, entering into a civil partnership to having or adopting children – and it is important your will reflects your current situation. It is always worth reviewing your will when there is a big change in your life to make sure it is still valid and still reflects your wishes. Reviewing your will is also an ideal opportunity to include a gift to Terrence Higgins Trust. You don't have to create a new will to do so. Sometimes all that is necessary is the addition of a codicil, a document that makes an amendment to your will without the need for it to be re-written.

If you do decide to leave us a gift in your will, your solicitor will need to have the following details:

Charity name: Terrence Higgins Trust

Charity address: Terrence Higgins Trust, 314–320 Gray's Inn Road, London WC1X 8DP

Registered charity number: 288527 (in Scotland SC039986)

And if you are happy to let us know your intentions, please contact our Legacy Manager on **020 7812 1673**.

Thank you



Our legacy promise to you

A gift in your will is a promise for a better life for people living with HIV, enabling them to live free from stigma and discrimination. It is a promise to help us continue our work for as long as it takes to end HIV transmission. But here's our promise to you:

- Your family and friends are important. We understand they come first, and will treat you all with sensitivity and respect.
- We will keep any information you share with us confidential and won't pass it on to other organisations.
- We value all the gifts that are left to us. Nothing is too big or too small – your gift will help us change lives.
- If you are happy for us to, we will keep you updated about our work in the way that you request.
- We will use your gift efficiently and effectively, funding projects and services that support and empower people at risk of and living with HIV.
- You have the right to change your mind at any time.

Terrence Higgins Trust is a registered charity in England and Wales (reg. no. 288527) Company reg. no. 1778149 and a registered charity in Scotland (reg. no. SC039986).

Because they can easily become victims of discrimination and stigma, protecting the confidentiality of the people we work with is of the utmost importance. For that reason, some of the personal details have been altered and all people featured are models and names have been changed.