



## Corporate Volunteering Opportunities with Terrence Higgins Trust

Help us end the transmission of HIV in the UK





Volunteering with Terrence Higgins Trust is a great way to expand your and your team's existing skillset, while having fun and giving back to your local community.

Our comprehensive volunteering programme offers you the chance to use your skills, knowledge and experience to support us in our fight to end HIV and improve the sexual health of people across the UK.

## Volunteer as a mentor to support someone back into a working environment

Our employability programme, Work Positive, offers people living with HIV who are unemployed a structured professional employment development programme which can help individuals take positive steps back towards the workplace.

As an employment mentor you will have the opportunity to utilise your employment skills and experience and provide one-to-one support to people who are taking their first steps back into the world of work.

Individuals or teams can support the programme by:

- Offering work placements.
- Delivering development workshops on leadership or team working.
- Providing one-off career development support on CV writing, job applications and interviews.
- Provide long-term support as a mentor beyond the 9 months of the programme.

**Location:** Nationwide (Online), London and Brighton (Face-to-Face)

**When:** Ongoing

**Time Commitment:** 1 – 2 hours per week

**Suitable for:** Individuals and Teams

## Volunteer to help stop HIV

We are always looking for people to help us make up condom packs for outreach, especially leading up to events such as Pride and World AIDS Day.

The packing and distribution of condoms is a really simple way of supporting one of our missions, which is to end the transmission of HIV in the UK.

When used correctly, condoms are the best protection against STIs and transmission of HIV.

Our condom packs are distributed during sexual health outreach sessions across the UK. Throughout outreach activities our staff and volunteers are able to engage with diverse communities and start conversations about good sexual health practices including increasing knowledge, reducing stigma of HIV and sexual infections, and where to get support.

**Location:** Nationwide

**When:** Ongoing

**Time Commitment:** 2 – 6 hours (flexible)

**Suitable for:** Groups (4 or more)

## Help us raise much-needed funds to support service delivery

Help us raise funds to ensure we can continue the fight against HIV transmission, and help breakdown the stigma around HIV.

You could volunteer a few hours to help raise money by taking part in one of our sponsored running and challenge events, or our December tube and train station collections for World AIDS Day. You could also help to organise workplace fundraising events, such as bake sales, lunchtime quizzes or raffles.

Whatever you decide to do, our dedicated team will be on hand to support you every step of the way with advice and materials.

**Location:** Nationwide

**When:** Ongoing

**Time Commitment:** 2 – 4 hours (flexible)

**Suitable for:** Groups (2 or more)

## Volunteer to share skills and support one-off projects

Do you have professional skills, expertise and experience that could add value to the work that Terrence Higgins Trust carries out across the UK? If so, we would love to hear from you.

We are looking for people who can use their transferable business skills to support a variety of projects including strategic planning, marketing, people management, digital media, finance and service development.

Terrence Higgins Trust is a fast-paced organisation with a diverse workforce and equally diverse opportunities for you to be involved in.

**Location:** Nationwide

**When:** Ongoing

**Time Commitment:** 1 – 2 days

**Suitable for:** Individuals

