

Terrence Higgins Trust Oxfordshire: One-to-one Education Programme

Terrence Higgins Trust is offering a one-to-one Education Programme. It is intended to support young people aged 13-24 with vulnerabilities, or who may be at risk from harm or sexual ill health in Oxfordshire please see below for full assessment criteria.

All referrals must be submitted through our online form/portal and all forms must be completed in full at: tht.org.uk/young-person-referral-form-oxfordshire. Any information missing from the required areas of the form, may result in an automatic decline. Any referrals submitted to individual team members using the old referral forms will be asked to re-submit to the website. If you would like to speak with a member of our team, prior to referral, please email us at: Oxfordshire.Outreach@tht.org.uk

Assessment

Once referrals are received, they will be triaged and assessed by a member of our team. It is important that we have as much information as possible regarding your concerns for this young person, as we need to be aware of whether they are suitable for the programme, and whether we are the most appropriate organisation to provide this support. The programme typically runs for up to 6 sessions, set out over a number of weeks, usually one session per week. Each session may run for between 45-60 minutes. Under certain circumstances, we may make adjustments dependent on their individual learning needs.

Consent

Young people must be aware that a referral into our service is being completed on their behalf and MUST consent to seeing us before we can accept a referral. If we do not have the young person's consent to work with them, we will terminate any work immediately.

Confidentiality

The one-to-one Education Programme is fully confidential – as a referrer you will be aware of when sessions are arranged, but will not be privy to any further details unless there is a safeguarding concern, or the young person themselves requests we make you aware of a discussion in particular. This is to ensure young people are able to access the education they require without fear or concerns about their privacy. For this reason, we would also need to meet with young people alone. If at any point that young person is unable to be met with alone, we will need to re-arrange that session, or terminate/suspend the programme.

Referral

Unfortunately we cannot work with young people whom are the subject of, or are involved in a current police investigation or who are currently working with another support agency/programme such as CAMHs. We may be able to work with young people once they have finished their work with another agency/programme. The table below sets out the criteria that the young person needs to meet for a referral:



Topic	Example
<p>Underage sexual activity/unsafe sexual behaviours/multiple sexual partners</p>	<ul style="list-style-type: none"> ■ Referrer aware of YP's relationship/sexual activity under the age of 16 ■ YP has significantly older partner ■ Concern this is non-consensual ■ Concern YP is at risk of CSE (we do not work with YP people who are already involved in CSE)
<p>STIs</p>	<ul style="list-style-type: none"> ■ YP is having unprotected sex ■ Recurring or more than one sexually transmitted infection ■ Information on a 1:1 basis necessary i.e limited knowledge of sexual health but has already received significant education before
<p>Contraception</p>	<ul style="list-style-type: none"> ■ YP is having unprotected sex ■ YP has experienced one or more unplanned pregnancies ■ Information on a 1:1 basis necessary (if contraception is required contact Oxfordshire Sexual Health Service; for urgent requests and under 16's phone 01865 231231, for over 16's phone 01865 231231)
<p>Healthy/unhealthy relationships</p>	<ul style="list-style-type: none"> ■ Disclosure of/or suspicion of relationship abuse, including: <ul style="list-style-type: none"> Emotional (controlling, coercion, isolating, extreme jealousy) Sexual (non-consensual sex /sexual touching/ sexual acts) Power imbalance in relationship Digital or online controlling behaviors ■ YP wants to know more about pleasure and anatomy ■ YP person wants to discuss body image/body positivity
<p>Risk of CSE</p>	<ul style="list-style-type: none"> ■ Whereabouts during school hours often unknown/poor attendance ■ Staying out late or overnight with whereabouts unknown ■ Repeated episodes of running away/going missing ■ Reports of getting into cars with unknown peers/adults ■ Referrer has concerns about association with adults/unknown peers through the internet ■ Concerns about YP having unaccounted for money/goods which the YP is unable to provide an explanation for ■ Has use of more than one mobile phone ■ Associating with other sexually exploited YP ■ Limited contact with family/friends
<p>Online Safety/Sexting/Pornography</p>	<ul style="list-style-type: none"> ■ Indecent image circulated (victim/perpetrator) ■ YP discloses they are a victim/perpetrator of online sexual bullying ■ YP is talking to unknown peer/adult online ■ Excessive use of pornography sites/exposure to negative sexual material
<p>LGBTQ+</p>	<ul style="list-style-type: none"> ■ A YP who identifies as LGBTQ+ and has concerns about their relationship and/or sexual health ■ If a YP has requested 1:1 support around their gender identity, please refer to other appropriate services such as Mermaids ■ If the YP has requested 1:1 support because they are experiencing distress or they are questioning their sexuality. Please refer to other appropriate services. Further details of services for mental health for the LGBTQ+ community can be found on the Oxfordshire County Council website.

The following does not meet criteria for the 1:1 education programme (unless in addition to the above):

- **Currently experiencing a crisis (e.g. abusive relationship, CSE etc.).**
- **Puberty**
- **Low self-esteem/low confidence/lack of motivation**
- **Disengagement from school / other services**
- **Alcohol or substance abuse (unrelated to sexual health and relationships)**
- **Bullying**
- **Domestic abuse at home**
- **Anger/aggression**
- **Mental health issues unrelated to sexual health/relationships**
- **Safeguarding concerns – these should be dealt with through your internal process**
- **Historic sexual abuse**
- **General behavioural concerns**
- **Open or ongoing police investigations**
- **Gender identity/transitioning**

Information for referrers:

- Referrals will be assessed and responded to within 10 working days
 - Terrence Higgins Trust Oxfordshire seeks to begin the intervention within 6-10 weeks of receipt of the referral
 - The referring agency is responsible for providing a suitable location for these sessions; this would ordinarily be within an Education setting if the young person is in education - a safe space in a room that is private and unlikely to be interrupted
 - It is the referrer or venue's responsibility to ensure the sessions start on time. This allows the young person to benefit from a full appointment.
 - If the referral is via an Education facility, it is the responsibility of the referrer to notify Terrence Higgins Trust Oxfordshire of any absence of the young person; on or before the day of an appointment.
 - If there is repeated non-attendance to appointments, Terrence Higgins Trust Oxfordshire reserve the right to cancel future appointments and remove that client from our service.
 - Please note that we do not hold sessions within a young person's home
 - If you have referred a potential client who has confirmed/unconfirmed SEN, you will be contacted by a member of the Education Team for further details
 - If the young person has interaction with numerous agencies, it can often be difficult for them to engage with our service as well. Often it may be better for them to complete the programme or intervention with another agency before beginning with us.
- **Terrence Higgins Trust Oxfordshire reserves the right to refuse a referral**

The UK's leading HIV and sexual health charity

Tel: **020 7812 1600** Email: **info@tht.org.uk** Website: **tht.org.uk** THT Direct: **0808 802 1221**

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