

## Terrence Higgins Trust Milton Keynes 1:1 Education and Early Intervention Programme

Our 1:1 Education and Early Intervention programme is intended to support young people with vulnerabilities, or who may be at risk from sexual harm or ill health in the Milton Keynes area (please see below for full assessment criteria).

We currently work with young people aged 13–24, who live in, or attend education establishments within the Milton Keynes area.

**Unfortunately, we cannot work with young people who are the subject of, or are involved in a current police investigation, or who are currently working with another support agency/programme such as CAMHs or YPDA service.**

**Contact** – All referrals must be submitted through our online form/ portal and all forms must be completed in full.

(<https://www.tht.org.uk/young-person-referral-form-milton-keynes>)

If you would like to speak with a member of our team, prior to referral, please email us at [Info.MiltonKeynes@tht.org.uk](mailto:Info.MiltonKeynes@tht.org.uk)

**Assessment** – Once referrals are received, they will be triaged and assessed by our 1:1 lead. It is important that we have as much information as possible regarding your concerns for this young person, as we need to be aware of whether they are suitable for the programme, and whether we are the most appropriate organisation to provide support.

Each young person will be allocated a number of sessions based on the information shared with us in the referral.

**Consent** – Young people must be aware that a referral into our service is being completed on their behalf and MUST consent to seeing us before we can accept a referral.

The programme typically runs for up to 6 sessions, set out over a number of weeks, usually one session per week. Each session may run for between 45–60 minutes. Under certain circumstances, we may make adjustments dependent on their individual learning needs.

**Confidentiality** – The 1:1 Education and Early Intervention programme is **confidential** – as a referrer you will be aware of when sessions are arranged, but will not be privy to any further details, unless there is a safeguarding concern, or the young person themselves requests we make you aware of a particular issue. This is to ensure young people are able to access the education they require without fear or concerns about their privacy. For this reason, we would also need to meet with the young person alone.

Young people over the age of 16 are able to self-refer into the programme, if they are confident they can manage appointments and bookings with their allocated specialist.

## Terrence Higgins Trust Education provides an early intervention programme for YP aged 13-24 who meet the following criteria:

Concern	Example
Unhealthy relationships	<ul style="list-style-type: none"> <li>• <i>Disclosure of/ or suspicion of relationship abuse, including:</i> <ul style="list-style-type: none"> <li>- <i>Emotional (controlling, coercion, isolation, extreme jealousy )</i></li> <li>- <i>Sexual - lack of understanding around consent which can include pressurising others to engage in sexual behaviour.</i></li> <li>- <i>Power imbalance in relationship</i></li> </ul> </li> </ul>
Unsafe sexual Activity	<ul style="list-style-type: none"> <li>• <i>Referrer aware of YP's relationship/sexual activity being unsafe – details will be required</i></li> <li>• <i>Concern this is non-consensual – if there is an ongoing police investigation we will not be able to work with the victim or alleged perpetrator</i></li> <li>• <i>Concern YP is at risk of CSE ( Child Sexual Exploitation or exploitation from gangs - we do not work with YP who are already involved in CSE and already working with CSE teams</i></li> <li>• <i>Disclosures of sexual assault or rape will likely need to be referred into specialist services and are not dealt with by us</i></li> </ul>
Sexual Health Risks	<ul style="list-style-type: none"> <li>• <i>YP is having unprotected sex, as part of the referral criteria and requires this as additional information within their sessions.</i></li> <li>• <i>If information on a 1:1 basis regarding personal clinical contraception and testing needs is required; this will need to be referred to the iCaSH clinic for an appointment – 0300 300 3030 option 6 - or to arrange a visit from the schools outreach nurse- also contactable at the above number).</i></li> </ul>
<p style="color: red;"><u>The following does NOT meet our criteria for 1:1 education intervention and any referral will be declined :</u></p> <ul style="list-style-type: none"> <li>• <span style="color: red;">Low self-esteem/low confidence/lack of motivation</span></li> <li>• <span style="color: red;">General behavioural concerns within school or home</span></li> <li>• <span style="color: red;">Disengagement from school / other services</span></li> <li>• <span style="color: red;">Alcohol /substance misuse</span></li> <li>• <span style="color: red;">Body Image</span></li> </ul>	

iCaSH Milton Keynes is a partnership between Cambridgeshire Community Services NHS Trust and Terrence Higgins Trust, providing integrated sexual health services in Milton Keynes.

- Bullying
- Domestic abuse in the home
- Anger/Aggression
- Historical sexual abuse/ assault
- Has worked with our education team on the 1:1 programme in the last 12 months
- Open or ongoing police investigations
- If the YP is currently receiving support from another service ( e.g. CAMHS, YPDA, School Counsellors or Mentors )

#### Information for referrers:

- Referrals will be assessed and responded to within 10 working days.
- We aim to keep you updated on the progress of your referral.
- The referrer is responsible for providing a suitable location for sessions; this would ordinarily be within an Education setting – a safe space in a room that is private and unlikely to be interrupted.
- Please note that we do not hold sessions within a client's home.
- We can, by prior arrangement, hold 1:1 sessions at our offices in Central Milton Keynes, if this is more appropriate for the client.
- It is the referrer / venue's responsibility to ensure the sessions start on time. This allows the client to benefit from a full appointment.
- Our specialist MUST be contacted as soon as possible regarding absence or cancellation. If a session is cancelled without more than 24 hrs notice, it may not be possible to rearrange.
- If there is repeated non-attendance or short notice cancellations of sessions; we reserve the right to cancel future appointments and remove that client from our service.
- All appropriate safeguarding actions must have been completed prior to referral. If any further safeguarding is disclosed or discovered; both the referrer/ school safeguarding lead and 1:1 specialist will be jointly responsible for reporting to the local MASH or relevant authorities.
- THT reserves the right to refuse a referral. We will, however, endeavour to signpost you to relevant and appropriate services.

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